

FAQ's

Q: Will I have free time?

A: The participants will have a few hours each day for “Me Time” this includes swimming, Body Beautiful, Facial Design and Art Therapy.

Q: Will the participants be in large groups for activities?

A: We only allow 20 participants per retreat. Activities are balanced between group and private sessions.

Q: Who are the volunteers? How old are they?

A: Our volunteers are all professional women, highly trained nurses, firefighters, Occupational Therapists, educators, Child Life Specialist, yoga instructors, medical doctors and etc.). The volunteers must be at least 25 years old in order to volunteer.

Q: Dietary accommodations?

A: In the application we ask that the parent/participant disclose any dietary information. We work closely with the Food Director at Brewster Academy if a participant has certain allergies or dietary restrictions.

Q: Will I have my own bedroom and bathroom?

A: Participants will share a room with at least one other girl. There are several community bathrooms.

Q: What can I expect in a typical day?

A: The day begins with breakfast followed by a short van ride to a beautiful estate where group workshops will commence. Morning workshops run till noon, followed by lunch in the forest. Afternoons entail physical form of activity. Private one-on-one sessions are available and therapeutic massage and facials allows time to melt away old beliefs and embrace a new you. You will be driven back to Brewster Academy for dinner where a lighthearted evening program continues to be enjoyed as a group to round out the day.

Q: I want to attend but can't afford an airfare, what can I do?

A: Our retreats are powerful tools to restructure your life while creating a map to your vision and goals. That is a tall order and requires an investment in yourself. If you are unable to afford the airfare getting to the retreat, or the application fee, there are a few options.

1. Find a sponsor – this can be a nurse or doctor at the hospital which treated you. Fire Department, employer of your parent, anyone that you think would support your healing.
2. Write an essay to Angel Faces explaining why you are the best candidate for the retreat.
3. Save up now and prepare for a trip of a lifetime!

Q: How will you decide how to fill the retreat participant spots?

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A: Our retreats offer pivotal personal attention; therefore, we only accept 20 girls per retreat. A selection committee reviews and screens all applications. Priority is first given to new applicants. Past participants are welcome to apply; acceptance is based on their need and available space.

Q: Can I come late or leave early?

A: It's important that all participants arrive or depart on the designated arrival/departure timeframe and days. We provide safe ground transportation arranged at set times, to and from nearby major airport (Boston Logan).

Q: Can I bring my mom, sister, aunt or grandma?

A: A retreat is an opportunity to step outside of your day-to-day life, in order to identify and expanded your opportunities. Therefore, it is best for individuals to be able to focus inward, even outside of scheduled retreat activities, so no. Bringing a loved one takes away from the personal experience. This is also a time for your loved ones to take a break.

Q: I am not sure if the retreat is what I need. How can I determine if this is the right thing for me?

A: Please feel free to send an email to ashley@angelfaces.com and we can discuss where things are at for you and what you would like to take away from the retreat. If we think that our retreats will be a powerful experience for you, we will be honest and tell you. As well, all retreat applicants are invited to have a quick phone conversation with the Angel Faces staff.

Q: Is it only for facial burned women?

A: Our retreats are for all girls and women with ANY trauma or disfigurement. The trauma does NOT need to include the face.

Q: Is there an application fee?

A: The application fee is \$100 to be paid by the participant, parent or sponsor. This fee is important for the participant to earn and pay as it shows their commitment to attend.

Q: Am I allowed to contact my family during the retreat?

A: Mid-Week we call all parents to check in and give a brief update how their daughter is doing. The parent at any time can call the retreat staff to also check in. Studies have shown that when a participant calls home this being a painful longing for homesickness that spreads through the retreat.

Q: What are some of the major takeaways the girls get, and women get?

A: See the gratitude page and watch the videos to get a better idea of the girls and women's takeaways.

Q: Can I have and use my cell phone during the retreat?

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A: For the past 16 years, we've had a strict no cell phone policy, with the purpose of the girls building friendships while focusing on themselves and the retreat content without outside distractions. This year we are changing the policy slightly to include the use of personal cell phones during designated times. All electronics will be turned in upon registration. Cell Phones will be distributed at designated times for brief person use.