

angel faces

Level I Retreat Information

Level I Application

Participants:	Adolescent girls ages 14 - 18
Retreat Date:	June 16 - 22, 2019
Location of Retreat:	Wolfeboro, New Hampshire
Application Due Date:	February 28, 2019
Application Fee:	\$100
Transportation:	Ground transportation is provided to/from Boston Logan airport to retreat site. Air transportation can be provided through limited scholarships.

Retreat Experience

Yoga
Visualizations
Guided sessions
Group Engagement
Expressive Therapy
Corrective Cosmetics
One on One Sessions
Therapeutic Touch/Massage

Retreat Design Model

Level I curriculum focuses on self-love while accepting and embracing trauma and related disfigurement. Group sessions, lead by licensed psychologists, focus on identifying trauma and loss issues, followed by methods to facilitate emotional healing through verbal expression, journaling and art therapy. Participants are introduced to a supportive community and develop bonding friendships out of their shared resilience, due to similar trauma. All therapeutic programs and services are implemented by licensed psychologists.

Research Results

Results from our on-going research using four methods of measurements demonstrate that after participating in Angel Faces retreats, adolescent girls and young women experience the following favorable psycho-social adjustments:

Increase In Hope
Increase In Quality of Life
Decrease In Depressive Symptoms

[Research Poster](#)