

# angel faces

## Level I Retreat Information

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<b>Participants:</b>	Adolescent girls ages 14 - 18
<b>Retreat Date:</b>	June 18 - 24, 2018
<b>Location of Retreat:</b>	Wolfeboro, New Hampshire
<b>Application Due Date:</b>	March 1, 2018
<b>Application Fee:</b>	\$100
<b>Transportation:</b>	Ground transportation is provided to/from Boston Logan airport to retreat site. Air transportation can be provided through limited scholarships.

### *Retreat Experience*

Yoga  
Visualizations  
Guided sessions  
Group Engagement  
Expressive Therapy  
Corrective Cosmetics  
One on One Sessions  
Therapeutic Touch/Massage

### *Retreat Design Model*

Level I curriculum focuses on self-love while accepting and embracing trauma and related disfigurement. Group sessions lead by licensed psychologists focus on identifying trauma and loss issues, followed by methods to facilitate emotional healing through verbal expression, journaling and art therapy. Participants are introduced to a supportive community and develop bonding friendships out of their shared resilience, due to similar trauma. All therapeutic programs and services are implemented by licensed psychologists.

### *Research Results*

Results from our on-going research using four methods of measurements demonstrate that after participating in Angel Faces retreats, adolescent girls and young women experience the following favorable psycho-social adjustments:

**Increase In Hope**  
**Increase In Quality of Life**  
**Decrease In Depressive Symptoms**

[Research Poster](#)